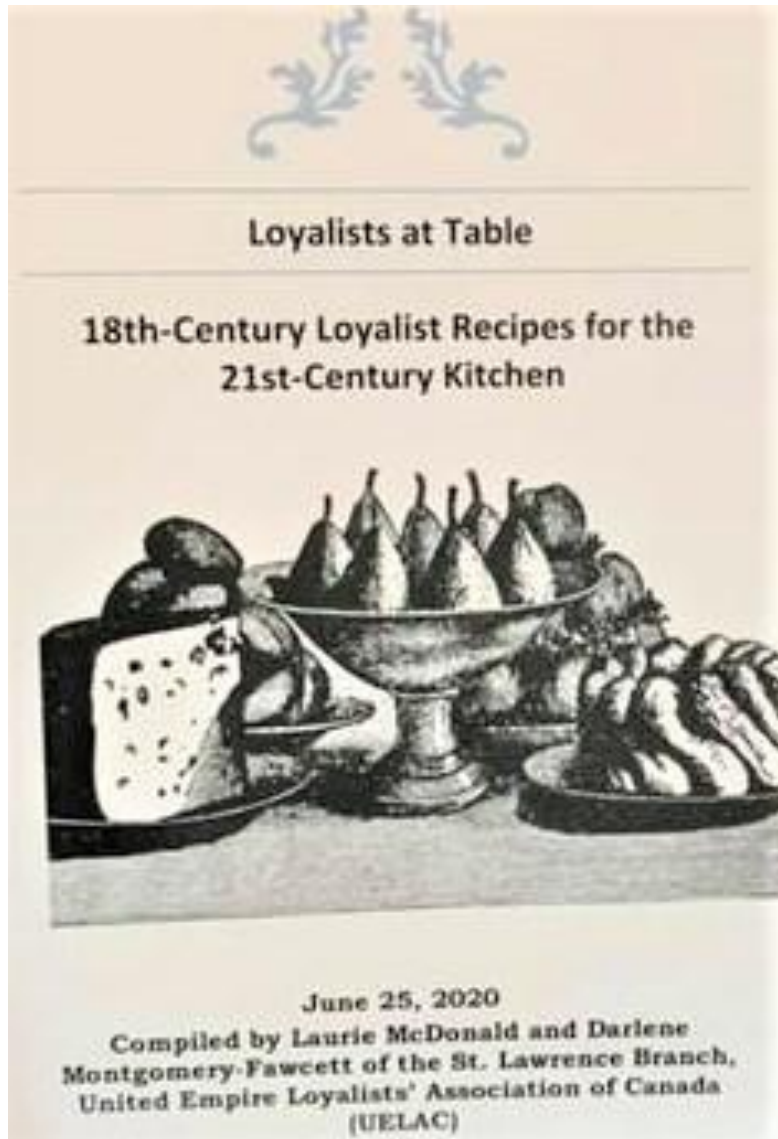


UELAC

CALGARY BRANCH SPRING NEWSLETTER: 2022



Executive

President: Suzanne Davidson

Past President: David Hongisto

Recording Secretary: Barbara Hongisto

Treasurer: David Hongisto

Genealogists: Suzanne Davidson, Ivy Trumpour

Membership: William Simpson

Newsletter: Linda McClelland, Suzanne Davidson

Scholarship: Ian McIlreath

Members-at-large: Pat Sadler Brown, Ivy Trumpour, Karen Stevenson

SPRING UELAC CALGARY BRANCH MEETING

Our Spring meeting will be on Sunday, May 1 at 1:00 pm at the Alberta Family History Library. The address is 712 16th Avenue NW.

Darlene Montgomery-Fawcett will present information on Loyalist recipes from her book "Loyalists at Table, 18th Century Loyalist Recipes for the 21st Century Kitchen".

We will also have a short tour of the library to highlight the Loyalist collection housed there and other information that may be of interest.

This is our General Meeting for the year so Executive positions are available and the reviewed Financial Report will be available.

This meeting **will not** have a meal associated with it. There is an option to meet at a nearby restaurant if desired after the meeting is over. Please contact me at s_e_davidson@hotmail.com to confirm your attendance. A link to Zoom will be sent close to the meeting date

LOYALISTS AT TABLE, book description

The book was compiled by Laurie McDonald and Darlene Montgomery Fawcett of the St Lawrence Branch of UELAC. It was published on June 25, 2020 and is spiralbound paperback with 214 pages. The book can be ordered through the Facebook page of the St Lawrence Branch and costs \$20 plus shipping for a paper copy and \$15 for a digital PDF file.

From front to back cover, this cookbook offers a different culinary experience from most history-based cookbooks. It is privately published by the St. Lawrence Branch UELAC. Only two authors selected, researched and tested recipes and background stories associated with local foods and ingredients. Recipes or Receipts-the facts about very early cooking instruction are included as part of this very informative cooking history book.

The cookbook is divided into 11 parts, the first four of which are devoted to historical background notes on open fire or oven cooking and the Loyalist experience in Johnstown (Cornwall). The remainder of the cookbook covers Beverages, Breads and biscuits, Condiments and preserves, Sweets, Main and side dishes, Soups and finally, Vegetable dishes. Each recipe is carefully documented and credited. Often a history lesson is included.

The book proves two things that are self-evident: one, that Loyalists brought their own cooking knowledge from *back home* in America or Country of origin and two, that necessity is the mother of invention! From friendships made with the first nation inhabitants, new foods and uses for nourishment and medicine were introduced into the Canadian way of life. Hints here and there are noted about how help from the first nation people in the area boosted chances of survival during the Hungry Years.

FACEBOOK

A Facebook page is being set up currently. The address is

<https://www.facebook.com/CalgaryBranchUELAC/>

Please send any comments or content to s_e_davidson@hotmail.com

UNIVERSITY OF CALGARY HISTORY AWARD



The recipient for 2021 was Sabrina Kooistra, a fifth year Bachelor of Arts student set to graduate with a double major in History and Communications and Media Studies. She grew up on a small farm outside of Strathmore. She started freelance writing early beginning at the Strathmore Times and continued through university with articles in the Undergraduate History Journal.

With the assistance of Ian McIlreath our award is increasing. **You can help also.** Giving day at University of Calgary is from April 11 to 21. Any donations made in that time will be matched by the University. The link for the page for our award is

<https://givingday2022.ucalgary.ca/o/university-of-calgary/i/giving-day-2022/s/united-empire-loyalists-association-of-canada-history-prize>

DOMINION CONFERENCE AND AGM

The Dominion conference for this year is on Wednesday May 25 to Sunday May 29. It is virtual again, based out of Winnipeg. Nine presentations covering a range of topics along with a 75 minute virtual tour of the Canadian Museum for Human Rights are featured. Please check the conference website at [Dominion Conference 2022 | United Empire Loyalists of Manitoba \(uelmanitoba.ca\)](https://www.dominionconference2022.ca/) for more information and to register.

Registration for the AGM on Saturday, May 28 is completed separately. The notice of meeting, registration form and proxy form are on the members portion of the main UELAC website “uelac.ca” after you sign in.

MINUTES of UELAC CALGARY BRANCH EXECUTIVE MEETING

by Barbara Hongisto

MARCH 6 2022

Present:

Liz Adair, Suzanne Davidson, Barbara Hongisto, David Hongisto, Ian McIlreath, Bill Simpson, Karen Stevenson, Ivy Trumpour, Beatrice Aucoin

Absent:

Pat Brown, Linda McClelland

We met on Zoom with Liz Adair's assistance.

ZOOM EQUIPMENT and ACCOUNT

We decided to join with other branches to use Zoom and pay less. Suzanne will be in touch with Liz and Barb about the details. This system will have advantages for us and for our joining different branch's meetings.

MEETING MINUTES

Suzanne posted the minutes from our Aug. 25, 2021 exec. meeting. Ivy moved for acceptance and Barbara seconded this motion. It was carried.

FINANCIAL REPORT

David explained the report that we viewed. The audit will be done before our next AGM. This report was accepted. (Ivy moved its acceptance and Barbara seconded it.)

MEMORIALS for SUE HINES, SHONA WARDS, and GEORGE TAPLEY.

We discussed donating to the national scholarship fund to honour these three deceased members.

Ian moved and David seconded to send \$1500 to the scholarship fund...\$500 for each of these three people. The motion passed and David will e-transfer the money.

MEMBERSHIP

Bill gave us the update. There are 43 individual members, 13 families, and 4 from other branches. Some families have not renewed their membership, and Bill will send reminders out to them. Suzanne shared that there are one or two new certificates that are in the process of getting done.

FACEBOOK

Beatrice will create a Facebook page for our branch. It will provide more exposure for us and, also be another avenue for information. She will share with us what she creates. Beatrice will run the Facebook page and keep it current. Thank-you Beatrice!!

A question came up...Should we join Instagram or other platforms??

MEETING IN THE SPRING

We set the date for Sunday, May 1, 2022.

Suzanne will approach the Family History group to see what we could book. We may go to a nearby restaurant after the meeting. We may have a hybrid meeting with Zoom. We will be updated as plans get confirmed.

U of C AWARD UPDATE

Ian stated that \$2500 was donated last year. The matching grant would double that amount, but the details need refinement. Ian will pursue the task of seeking more info.

Our recipient of the \$500 scholarship money, from 2021, is Ms. Koorista who wrote a lovely thank-you note to Ian. Perhaps she would speak to us at our spring meeting. (another possibility)

CERTIFICATES

One certificate is "on the go". There are a few other potential ones. Suzanne will continue to investigate other possible certificates.